

TARA ROCHE

Born and raised on PEI, Tara began her family and nursing career in Winnipeg, before returning to the Island to her roots. Tara completed her Bachelor of Science in Nursing at the University of Prince Edward Island and her Masters of Nursing at Athabasca University. She has been privileged to work in many different areas during her 20-year nursing career. After time spent as a bedside nurse, her more recent experiences have been managing and supervising in different healthcare areas.

Outside of work, Tara can be found at rinks, ballfields or soccer fields with her family. She also likes to run, bike, hike and stay as active as possible. Tara lost a very dear friend to cancer 3 years ago and saw first hand the work that Hospice PEI does, and as a result wanted to be a part of a great organization.

